



## Monomoy Regional High School



### Vision Statement

Monomoy Regional High School Athletic Training Program shall provide prevention, injury awareness and rehabilitation services to the athletes of Monomoy Region. We are committed to guarantee the safety and education of our athletes by always providing exceptional care.

### Mission Statement

Monomoy Regional High School Athletic Training Program provides sports medicine services to student-athletes of the Monomoy Regional area. These services will include prevention, management and rehabilitation of athletic injuries. We will take the time to educate athletes about the variety of injuries that they could succumb too. By providing our student athletes with the knowledge of prevention, they have the possibility to choose a healthier lifestyle and limit the probability of other injuries. As a health professional I am dedicated to discovering and adapting to the new types of technology that could benefit our athletes in returning to competition play. I will always be committed to keeping our knowledge and equipment up to date to ensure that our services that are administered will be to the best of our ability and keep are athletes safe and healthy.

The purpose of our program is consisted of five key aspects. Starting with making ourselves available to our high school-athletes, we hope that they will utilize our services in a stress-free manner and environment. Secondly having the students observe our services and using the knowledge that we have provided them, our goal is to stress how important health and wellness is while participating in sports. Also by incorporating the use of the most current techniques and modalities our goal is to return our student-athletes to their sport in a timely manner as long as it is medically cleared. Lastly, we hope to initiate the limitation of sport related injuries for out student athletes within our area in order to allow them to participate and enjoy their sport of choice.

When it comes down to our facility' philosophy it is pretty simple; our student athletes and their health status are our number one priority for all the members of our medical staff. Athletic trainers should be demonstrating the highest standards of healthcare that is consistent with the National Athletic Trainer's Association Code of Professional Practice and the credential standards in the state of practice.

Our staff is dedicated to the ongoing assessment of our program so that our students can be confident in our abilities and that they are receiving the highest quality care. If any problems or concerns were to arise from any of our student-athletes or staff we would be sure to address these issues in a timely manner and take into consideration all parties involved.